



CURRICULUM VITAE

PERSONAL PROFILE

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DATE OF BIRTH: 8th January 1975.

EDUCATIONAL BACKGROUND

2020-2022 Graduate Certificate in Health Economics
Deakin University (2 years part-time)

2019-2020 Graduate Certificate in Consumer and Community Engagement
Health Issues Centre, Melbourne

2019 Specialist Certificate in Implementation Science
University of Melbourne (6 months part-time)

2008 - 2013 PhD, University of Sydney, Sydney, Australia
“The long term nutritional impact of major upper GI surgery”

2007 Diploma of Business (Frontline Management)
Sydney South West Area Health Service, Australia

1997-98 Master of Nutrition and Dietetics, Flinders University, Adelaide, Australia

1993-96 Bachelor of Science (Nutrition and Psychology), Wollongong
University, Wollongong, Australia

1987-92 Higher School Certificate, Coffs Harbour High School, Coffs Harbour, NSW,
Australia

EMPLOYMENT HISTORY

Head of Department, Nutrition and Dietetics (Level 7)

Royal Prince Alfred Hospital, Sydney, May 2014 –

- Daily management of 21 FTE Dietitians, 10 FTE Diet Aides and 1 Secretary. Includes management of ward allocations, leave and recruitment, performance, grievances and department budgets.
- Strategic planning and leadership to ensure the department is working at a high quality and meeting the demands from key stakeholders, including patient needs, clinical streams, wards, and the University of Sydney.



- Healthroster, Stafflink, Incident Management (IIMS) and department statistical reporting.
- Attendance at area and professional management meetings.
- Change management – including changes in staffing; increasing service demands; physical department relocation; service provision within Lifehouse Cancer Centre.
- Formal mentoring of dietetic managers from other sites within and outside the SLHD.
- Lead Dietitian in Gastrointestinal services – including coordinating service development, mentoring junior staff, leading research and providing dietetic consultation across the hospital, including intestinal failure and home TPN patients.
- Conception, development, implementation and evaluation of the RPAH Gastrostomy Training Program. *Nominated as a finalist in the Premier's Awards, 2019; and winner of the 2019 SLHD Quality award for Education and Training.*
- Initiation of the Allied Health teams and site manager positions within the Special Health Accommodation (SHA) in 2020 as well as development and oversight of the dietetic service for SHA. Secondments to site manager position within a number of the SHA hotels.

Director of Allied Health Research and Education (Level 6)

Institute of Academic Surgery, Royal Prince Alfred Hospital, Aug 2021 –

0.4FTE mentoring and support to increase allied health research and education within surgical streams.

Cardiothoracic Training Coordinator (HSM 4)

Royal Prince Alfred Hospital, Sydney, Secondment July 2018 – October 2019

- Responsible for the development and implementation of a surgical training program for the cardiothoracic department.
- Overseeing the preparation and surgical re-accreditation of the department with the Royal Australian College of Surgeons.
- Development and implementation of policies and procedures that ensure a framework for safe workplace communication.
- Responsible for the move from an overnight onsite surgical service to an on-call service, including implementation, monitoring and evaluation.
- Direct communication and reporting to surgical, hospital and area health service executive teams.

Area Director, Nutrition and Dietetics (Level 8)

Illawarra Shoalhaven Local Health District, Wollongong, Sept 2013 – April 2014

- Direct line management of 30FTE Dietitians across 8 hospitals within the ISLHD
- Professional management of all Dietitians within the ISLHD

Site Manager & Gastrointestinal Specialist, Department, Nutrition and Dietetics (Level 6)

Royal Prince Alfred Hospital, Sydney, June 2006 – Aug 2013

- Daily management of 14.5 FTE Dietitians, 12 FTE Diet Aides and 1 Secretary. Includes management of ward allocations, leave and recruitment, performance, grievances and department budgets.

Senior Clinical Educator Dietitian (Grade 2/Level 5)

Royal Prince Alfred Hospital, Sydney, March 2005 – Nov 2007

- Responsible for the management of student dietetic clinical placements for RPAH.
- Also management of professional development within the department.



- Oversee Quality Management for the department, including preparing the department for the EQUIP process.
- Management of a clinical caseload, specializing in gastroenterology,
- 0.5 FTE clinical workload, senior Dietitian working in Gastroenterology. Managing upper gastrointestinal surgical and medical inpatients. Liaising with other staff including the Nurse Unit manager and the TPN clinical nurse specialist in service provision. Clinical supervision of 1 FTE general scale dietitian working in gastroenterology.
- **Named Employee of the Month**

Clinical Dietitian specialising in HIV (Grade 1)

Royal Prince Alfred Hospital, Sydney, September 2004 – March 2005

Senior I Nutrition Support/Gastroenterology Dietitian

Bristol Royal Infirmary, Bristol, June 2002 – August 2004

- The Bristol Royal Infirmary is a tertiary referral centre for upper gastrointestinal surgery for the South West of England. This position is responsible for provision of nutrition support for surgical gastrointestinal illness, namely cancer. This involves working closely with nutrition nurses, medical and surgical consultants, and the Upper GI specialist cancer nurse.
- Development of nutrition screening tool for use in Upper GI outpatient nutrition clinic. Training of clinical staff in implementation of nutrition screening program and audit of outcomes. **Named Quality Improvement Award, Bristol Royal Infirmary, 2004**
- Provision of dietetic care for the tertiary referral cardiothoracic intensive care unit, and key member of the nutrition team providing inpatient parenteral nutrition support.
- Lead supervisor of student dietitians including clinical assessment, revision of student training program and mentoring of base-grade dietitians.
- Development and revision of patient education resources.

Senior I Nutrition Support Dietitian

Royal United Hospital, Bath November 2001 – February 2002

Senior II Nutrition Support Dietitian

Frenchay Hospital, Bristol March 2002 – June 2002 (locum)

Senior II Nutrition Support Dietitian

Derriford Hospital, Plymouth October 2001 - (Locum)

Senior II Dietitian

Dorset County Hospital, Dorchester August 2001 – September 2001 (Locum)

Base Grade Dietitian

University Hospital Birmingham, Selly Oak Site April 2001 – July 2001 (Locum)

Diabetes Dietitian

Mid North Coast Area Health Service (Coffs Harbour, Australia) February 2000 – February 2001 (end of contract)

KEY PROFESSIONAL DEVELOPMENT/ACHIEVEMENTS

- Attendance at 3-day Comprehensive Meta-analysis Course, Sydney, 2019.
- Excellence in Research Award - SLHD Allied Health Research Forum, 2019.



- Outstanding Achievement – *NHMRC/MRFF TRIP Fellowship 2019-2021*
- Attendance at the SBS-IF Care Network Conference, Madrid, 2018
- Led the development and running of the AuSPEN Advanced Nutrition Course (2016, 2020 and 2021)
- Clinical Leadership Program - Clinical Excellence Commission (2015-2016)
- Coordinated the first St Marks-AuSPEN Intestinal Failure Workshop in (Sydney, 2015) with 90 attendees and 2 international speakers.
- Outstanding Achievement - Churchill Fellowship 2008 – Nutritional Management of Intestinal Failure (Italy, England, America)
- Allied Health Representative – Greater Metropolitan Clinical Taskforce (GMCT) 2007-2010
 - Dietetics Representative - National Review of Intestinal Failure Services (2013-2015)
 - Co-chair of the TPN working party 2009-2010
- ESPEN Advanced Course in Nutrition 2006, Maastricht, The Netherlands.
- Parenteral and Enteral Group (PEN) Clinical Update Course 2003 (accredited for 120 learning hours).

RECENT PRESENTATIONS/WORKSHOPS (2010 onwards)

- Carey S. Feeding the Compromised Gut. Full day workshop, Port Macquarie, Oct 2022.
- Invited Speaker, European Society for Parenteral and Enteral Nutrition Congress (Austria). Implementation of the Global Leadership Initiative on Malnutrition (GLIM) in Australia. Sept 2021
- Invited Speaker at the Balmain Consumer Steering Committee. Nil By Mouth – where are we up to. August 2022.
- Presenter at the May 2022 Institute of Academic Surgery (IAS) Collaborative Think Tank. Multidisciplinary Collaboration, Sydney.
- Invited Speaker at the SLHD Comprehensive Care Steering Committee. Nil By Mouth – where are we up to. June 2022.
- Presenter at the 2022 Australasian Society for Parenteral and Enteral Nutrition (AuSPEN) Advanced Nutrition Course, Sydney.
- Invited Speaker, 2nd virtual Australian & New Zealand Hip Fracture Registry (ANZHFR). Pre-operative fasting in the person with hip fracture. Oct 2021
- Invited Speaker, Australasian Society for Parenteral and Enteral Nutrition (AuSPEN) Conference (virtual). Clinical Nutrition in hotel quarantine. Nov 2021
- Webinar for Far West Local Health District Dietitians – Clinical Management of Dysmotility, July 2021.
- Presenter at the 2020 Australasian Society for Parenteral and Enteral Nutrition (AuSPEN) Advanced Nutrition Course, Melbourne.
- Moving from Type II to Type III intestinal Failure – webinar for the Dietitian’s Association of Australia, 2019
- Hogan S and Carey S. Communication within the multidisciplinary team. Dietitians Association of Australia Conference, 2019 – workshop
- Carey S. Hospital Acquired Malnutrition. Dietitians Association of Australia Conference, 2019 – oral presentation
- “Dysmotility Disorders” – Webinar for Education in Nutrition 2019
- Carey S and Hogan S. Communication in the multidisciplinary team. AuSPEN Conference, Sydney, 2018 (Workshop)



- **Carey S.** Feasibility of Home Jejunal Feeding Following Discharge after Major Gastrointestinal Surgery—A Randomised Controlled Trial. AuSPEN Conference, Sydney, 2018 (oral presentation)
- **Carey S.** Assessing treatment options for intestinal failure patients using time trade-off methodology. SLHD Allied Health Research Symposium, 2017 (oral presentation and best abstract award)
- Challenges of Obesity in UGI Surgical Oncology. DAA Oncology IG presentation, Nov 2017
- To JEJ or not to JEJ? Nestle rural Dietitian Education Seminar, Nov 2017
- **Carey S.** Assessing treatment options for intestinal failure patients using time trade-off methodology. Gastroenterological Society of Australia Conference, Gold Coast, 2017 (oral presentation)
- **Carey S.** Development of consensus on models of care in adults with intestinal failure using a modified delphi approach. Gastroenterological Society of Australia Conference, Gold Coast, 2017 (poster presentation)
- “A beginners guide to TPN” Webinar for Education in Nutrition 2014 and 2017
- “Nutrition Management of the UGI patient” – Webinar for Education in Nutrition 2013 and 2016
- “Nutritional management of the Stomas” Webinar for Education in Nutrition 2014 and 2016
- Muircroft W, Gooden H, Collier A, **Carey S**, Gott M, Currow D. A qualitative exploration of patient and carer perspectives on pancreatic exocrine insufficiency due to pancreatic cancer. Supportive and Palliative Care, September 2016 (poster presentation).
- Life Long Learning (LLL) presenter Managing surgical stress: Principles of Enhanced Recovery After Surgery. Australasian Society for Parenteral and Enteral Nutrition (AuSPEN) Conference, Melbourne, 2016.
- NSW DAA Gastro Update “Post-Surgical Management of the Pancreatic Cancer Patient” April 2016.
- **Carey S.** Patient-Focused Services Delivery Models for Nutrition in Oncology. Gastroenterological Society of Australia Conference, Brisbane, 2015 (invited speaker oral presentation)
- Rural Full-day Workshop “Nutrition Screening, Assessment and Competencies” Orange, NSW, October, 2014
- Victorian DAA Gastro Update “TPN for Beginners” September 2014
- Tasmanian DAA Full-day Gastrointestinal Update, June 2014
- Morley C, Willcutts K and **Carey S.** Feeding in hospital as if recovery mattered: High time for evidence based practice. Canadian Dietetics Conference, Victoria, Canada, 2013 (symposium).
- 2013 Intestinal Failure Roadshow (DAA) – Adelaide, Brisbane, Melbourne, Orange, Perth, Sydney.
- Nutrition Assessment, Gastroenterology Lectures and Tutorials for Sydney University MND and Undergraduate Dietetics course – twice yearly
- Beginners Enteral and Parenteral Workshop (DAA) – yearly.
- Morley C, Willcutts K and **Carey S.** Feeding in hospital as if recovery mattered: High time for evidence based practice. International Congress of Dietetics Meeting, Sydney, 2012 (symposium).



- **Carey S**, Laws R, Young J and Allman-Farinelli M. Life after major upper gastrointestinal surgery – a qualitative study. International Congress of Dietetics Meeting, Sydney, 2012 (oral presentation)
- Matarese L, Jones R, Ferrie S, **Carey S**. Nutritional Management of Intestinal Failure. International Congress of Dietetics Meeting, Sydney, 2012 (workshop)
- **Carey S**, Laws R, Young J and Allman-Farinelli M. A qualitative look at life after pancreateoduodenectomy. Australian Society for Parenteral and Enteral Nutrition Annual Meeting, 2011 (poster presentation)
- **Carey S**, Young J and Allman-Farinelli M. Food and Nutrient Intake Among People Following Major Upper Gastrointestinal Surgery. Australian Journal of Nutrition and Dietetics, 2011 (supp) (poster presentation)
- 2011 Intestinal Failure Update (DAA) NSW update
- 2010 Nutrition Screening, Assessment and Auditing – Rural Update, Dubbo.
- **Carey S**, Ferrie S and He L. Nutritional management of patients undergoing major upper gastrointestinal surgery – a survey of current practice in Australia. Journal of Gastroenterology and Hepatology, 2010 (supp) (poster presentation)
- Beaton J, **Carey S**, Young J and Solomon M. Nutritional status of patients undergoing major pelvic exenteration surgery at a national referral hospital. Journal of Gastroenterology and Hepatology, 2010 (supp) (oral presentation)

JOURNAL & CHAPTER PUBLICATIONS

- **Carey S**, Men M, Cunich M. The impact of targeted interventions aimed to improve quality of life in patients receiving home parenteral nutrition - a systematic literature review. Journal of Human Nutrition and Dietetics. 2023 accepted for publication.
- Sui A, Holyland M, **Carey S**, Steffens D, Ansari N, Koh C. Is the measurement of sarcopenia associated with oncological disease in patients undergoing CRS and HIPEC? ANZ Journal of Surgery. 2023, accepted for publication.
- Layton N, O'Connor J, Fitzpatrick A and **Carey S**. Towards co-design in delivering assistive technology interventions: reconsidering roles for consumers, allied health practitioners, and the support workforce. International Journal of Environmental Research and Public Health. Accepted for Publication.
- Raubinger S, Allworth S and **Carey S**. “When you are living and dying at the same time” – a qualitative exploration of living with gastrointestinal motility disorders. Journal of Human Nutrition and Dietetics. Accepted for Publication.
- Lambert K & **Carey S**. Dehydration in geriatrics: consequences and practical guidelines. Current Opinion in Clinical Nutrition and Metabolic Care. Accepted for Publication
- Amaratunga H, Bostock K, Cunich M, Steffens D, **Carey S**. The impacts of targeted gastrostomy training and services on clinical, patient- and staff-reported and economic outcomes - a systematic review and meta-analysis. Nutrition in Clinical Practice. Accepted for Publication
- **Carey S**, Waller J, Wang Y, Ferrie S. Qualifying thirst distress in the acute hospital setting – validation of a patient-reported outcome measure. Journal of Perioperative Nursing. 2021, 34(4) p238-e44
- Li J, Chong A, **Carey S**. Dietary interventions on the prevention and management of diabetes in post-kidney transplantation – a systematic review. *Nephrology*, 2022, 27(3), p269-280.
- Deftereos I, Kiss N, Yeung J, Carter, Brown T, **Carey S**, Usatoff V, Ananda S. Awareness and perceptions of nutrition support in upper gastrointestinal cancer surgery:



A national survey of multidisciplinary clinicians. *European e-Journal of Clinical Nutrition and Metabolism*, 2021, 46, 343-349

- Siu AHY, **Carey S**, Jones L, Morton RL, Koh CE. Detailed analysis of in-hospital costs for adult patients with Type III intestinal failure: A single centre study with global implications. *JPEN Journal of parenteral and enteral nutrition*. 2022, 46(3), 685-692.
- Hogan S, Solomon M, Rangan A, **Carey S**. Early enteral feeding is beneficial for patients after pelvic exenteration surgery – A randomised controlled trial. *Journal of Parenteral and Enteral Nutrition*. April 2022, 46(2) p411-421.
- Hogan S, Steffens D, Vuong K, Rangan A, Solomon M, **Carey S**. Preoperative nutritional status impacts clinical outcome and hospital length of stay in pelvic exenteration patients – a retrospective study. *Nutrition and Health*, March 2022, 28(1), p41-48.
- Kanjrawi A, Mathers L, Webster S, Corte T, **Carey S**. Nutritional status and quality of life in interstitial lung disease: a prospective cohort study. *BMC Pulmonary Medicine*. Feb 2021, 21(1), p51-51.
- Hogan S, Faraq J, Wilton C, Ritorni F, Chan V, Lai S, Rangan A, Solomon M, **Carey S**. Pre and postoperative muscle wastage and sarcopenia using CT scans in patients undergoing pelvic exteneration surgery. *Surgery Case Reports*. Dec 2020. <http://dx.doi.org/10.31487/j.JSCR.2020.04.10>
- **Carey S**, Hogan S. Failure in Systems and Culture: Barriers That Prevent Implementation of Evidence-Based Fasting Times for Patients in the Acute Care Setting. *Journal of Parenteral and Enteral Nutrition*. 2021, 45(5), 933-940.
- Reece L, Hogan S, Allman-Farinelli M, **Carey S**. Oral nutrition interventions in patients undergoing gastrointestinal surgery for cancer: A systematic literature review. *Supportive Care in Cancer* 2020 Dec;28(12):5673-5691. doi: 10.1007/s00520-020-05673-w.
- Yip A, Hogan S, **Carey S**. Interventions aimed at reducing fasting times in acute hospital patients – a systematic literature review. *Nutrition in Clinical Practice*, 2021 Feb;36(1):133-152. doi: 10.1002/ncp.10579
- Ferrie S, Webster A, Wu, B, Tan C, **Carey S**. Gastrointestinal surgery and the gut microbiome: a systematic literature review. *European Journal of Clinical Nutrition*, 2021, 75(1):12-25. doi: 10.1038/s41430-020-0681-9
- Findlay M, Purvis M, Venman R, Luong R, **Carey S**. Nutritional management of patients with oesophageal cancer throughout the treatment trajectory: Benchmarking against best practice. *Supportive Care in Cancer*, 2020, 28(12):5963-5971. doi: 10.1007/s00520-020-05416-x
- Lehman S, Ferrie S, **Carey S**. Nutritional Management in Patients with Chronic Gastrointestinal Motility Disorders: A Systematic Literature Review, *Nutrition in Clinical Practice*, 2020, 35(2), p219-230. doi: 10.1002/ncp.10273
- Hogan S, Ritorni F, Chan V, Lai S, Rangan A, Solomon M, **Carey S**. Is preoperative sarcopenia a good predictor of postoperative complications and outcomes after pelvic exenteration surgery? *Journal of Surgical Oncology*. Feb 2020. <http://dx.doi.org/10.31487/j.JSO.2020.01.04>
- Vidot H, Kline K, Cheng R, Finegan L, Lin A, Kempler E, Strasser SI, Bowen DG, McCaughan GW, **Carey S**, Allman-Farinelli M, Shackel NA. The Relationship of Obesity, Nutritional Status and Muscle Wasting in Patients Assessed for Liver Transplantation. *Nutrients*. 2019 Sep 4;11(9). pii: E2097. doi: 10.3390/nu11092097.
- Vidot H, Cvejic E, Finegan LJ, Shores EA, Bowen DG, Strasser SI, McCaughan GW, **Carey S**, Allman-Farinelli M, Shackel NA. Supplementation with Synbiotics and/or Branched Chain Amino Acids in Hepatic Encephalopathy: A Pilot Randomised Placebo-



Controlled Clinical Study. *Nutrients*. 2019 Aug 6;11(8). pii: E1810. doi: 10.3390/nu11081810.

- Hardy G, Findlay M, **Carey S**. The Importance of Nutrition during Treatment for Oesophageal Cancer—The Patient’s Perspective. *Food and Nutrition Sciences*, 2019, 10, 1263-1276.
- Luong R, Kim M, Lee A, **Carey S**. Assessing nutritional status in a cohort of liver cirrhosis outpatients: A prospective cross-sectional study. *Nutrition and Health*, 2020 Mar;26(1):19-25. doi: 10.1177/0260/060/9888362
- Osland EJ, McGrath KH, Ali A, **Carey S**, Daniells S, Angstmann K, Bines J, Asrani V, Watson C, Jones L, De Cruz P. A framework to support quality of care for patients with chronic intestinal failure requiring home parenteral nutrition. *J Gastroenterol Hepatol*. 2020 Apr;35(4):567-576. doi: 10.1111/jgh.14841
- Hogan SE, Solomon MJ, **Carey SK**. Exploring reasons behind patient compliance with nutrition supplements before pelvic exenteration surgery. *Supportive Care in Cancer* 2019; 27:1853-1860; DOI: 10.1007/s00520-018-4445-1
- Hogan SE, Steffens D, Rangan A, Solomon M, **Carey S**. The effect of diets delivered into the gastrointestinal tract on gut motility after colorectal surgery – a systematic review and meta-analysis of randomised controlled trials. *European Journal of Clinical Nutrition* 2019; DOI: 10.1038/s41430-019-0474-1
- Hogan S, Solomon M, Rangan A, **Carey S**. Bridging the gap between research and practice for nutrition support after pelvic exenteration surgery. *Asia Pac J Clin Nutr* 2019; 28:486-494
- Reece L, Dragicevich H, Lewis C, Rothwell C, Fisher OM, **Carey S**, Alzahrani NA, Liauw W, Morris DL . Preoperative nutrition status and postoperative outcomes in patients undergoing cytoreductive surgery and hyperthermic intraperitoneal chemotherapy. *Ann Surg Oncol* 2019 Aug;26(8):2622-2630. doi: 10.1245/s10434-019-07415-7.
- Cheng J, Witney-Cochrane K, Cunich M, Ferrie S, **Carey S**. Defining and Quantifying Preventable and Non-Preventable Hospital-Acquired Malnutrition – a Cohort Study. *Nutrition and Dietetics*, 2019, 76(5):620-627.
- **Carey S**, Tu W, Jones L, Koh C. Assessing Patient Preferences for Intestinal Failure Management Using the Time Trade-Off Methodology. *Journal of Parenteral and Enteral Nutrition*, 2019, 43(7), 912-917.
- **Carey S**, Lau K, Ferrie S. Feasibility of Home Jejunal Feeding Following Discharge after Major Gastrointestinal Surgery—A Randomised Controlled Trial. *Food and Nutrition Sciences*, 2019, 10, 98-109.
- Hogan S, Solomon M, Rangan A, Ferrie S, **Carey S**. The Impact of Preoperative Immunonutrition and Standard Polymeric Supplements on Patient Outcomes After Pelvic Exenteration Surgery, Taking Compliance Into Consideration: A Randomized Controlled Trial. *Journal of Parenteral and Enteral Nutrition* 2018; DOI: 10.1002/jpen.1709
- Vidot H, Cvejic E, **Carey S**, Stasser SI, McCaughan GW, Allman-Farinelli M, Shakel, N. Randomised clinical trial: oral taurine supplementation versus placebo reduces muscle cramps in patients with chronic liver disease. *Alimentary Pharmacology and Therapeutics*, 2018, 48(7): 704-712.
- Lahoud J, Bazzi1 K, Yeo D, **Carey S**. A survey of nutritional practices in total gastrectomy and oesophagectomy procedures. *Nutrition and Dietetics*, 2019 Apr;76(2):135-140. doi: 10.1111/1747-0080.12447.



- **Carey S**, Kalachov M, Jones L, Koh C. Development of consensus on models of care in adults with intestinal failure using a modified delphi approach. *Journal of Gastroenterology and Hepatology*, 2018, 33, 1598–1602.
- Tsang E, Lambert E, **Carey S**. Fasting Leads to Fasting: Examining the Relationships between Perioperative Fasting Times and Fasting for Symptoms in Patients Undergoing Elective Abdominal Surgery. *Asia Pacific Journal of Clinical Nutrition*, 2018, 27(5) 968-74.
- Conchin S and **Carey S**. The expert's guide to mealtime interventions - a Delphi method survey. *Clinical Nutrition*, 2018 37(6A); 1992-2000
- Vidot H, Bowen DG, **Carey S**, McCaughan G, Allman-Farinelli M, Shackel NA. Aggressive Nutrition Intervention reduces ascites and frequency of paracentesis in malnourished patients with cirrhosis and ascites. *Journal of Gastroenterology and Hepatology Open*, 2017; 31;1 (3), p92-97.
- Bazzi K, Lahoud J, Sandroussi C, Laurence JM, **Carey S**, Yeo D. Jejunostomy Feeding Tube Placement in Gastrectomy Procedures: A Systematic Review. *Open Journal of Gastroenterology*, 2017, 7, p52-64.
- Lambert E, **Carey S**. Practice Guideline Recommendations on Perioperative Fasting – A Systematic Review. *Journal of Parenteral and Enteral Nutrition*, 2016, 40(8), p1158-1165.
- Vidot H, Teevan, K, **Carey S**, Strasser S, Shackel, N. A prospective audit of pre-procedural fasting practices on a transplant ward: when fasting becomes starving. *Journal of Clinical Nursing*, 2016, 25(5-6), p829-835.
- **Carey S**, Conchin S, Bloomfield-Stone S. A qualitative study into the impact of fasting in hospital - the patient's perspective. *Journal of Clinical Nursing*; 2015, 24(13-14), p1946-1954.
- Tsang PY, **Carey S**. A Qualitative Study Exploring Food and Nutrition Experiences of People on Home Parenteral Nutrition in Australia. *Nutrition and Dietetics*, 2015, 72(1), p16-21.
- Steven BR, **Carey S**. Nutritional management in patients with chylous effusion: A systematic review. *European Journal of Clinical Nutrition*, 2015, 69, p776-780.
- Ferrie S, **Carey S**, Ryan R, Sandroussi, C, Hyde-Jones L, Storey D. Parenteral nutrition with standard solutions: not the best solution for everyone? *Journal of Infusion Nursing*, 2014, 37(6), p424-431.
- Vidot H, **Carey S**, Allman-Farinelli M, Shackel N. Systematic review: the treatment of muscle cramps in patients with cirrhosis. *Alimentary Pharmacology and Therapeutics*, 2014, 40(3), p221-32.
- Lu Y, **Carey S**. Translating Evidence-Based Practice Guidelines into a Summary of Recommendations for the Nutritional Management of Upper Gastrointestinal Cancers. *Nutrition in Clinical Practice*, 2014, 29(4), p518-525.
- Schliefert E, **Carey S**. Nutritional Status and Quality of Life in a Cohort of Australian Home Parenteral Nutrition Patients – A pilot study. *Nutrition and Dietetics*, 2014, 71(2), p79-85.
- Beaton J, **Carey S**, Solomon M, Tan K and Young J. Preoperative body mass index, 30 day postoperative morbidity, length of stay and quality of life in patients undergoing pelvic exenteration surgery for recurrent and locally advanced rectal cancer. *Korean Journal of Surgery*, 2014, Apr;30(2):83-7
- **Carey S**, Laws R, Young J and Allman-Farinelli M. Struggling with Food and Nutrition – Life After Major Upper Gastrointestinal Surgery. *Supportive Care in Cancer*, 2013, 21(10), p2749-2751.



- Beaton J, Carey S, Solomon M and Young J. Preoperative and postoperative nutritional status of patients following pelvic exenteration surgery for rectal cancer. *European e-Journal of Clinical Nutrition and Metabolism*, 2013, 8(4), pe164-168
- Conchin S, Muirhead R, Ferrie S and Carey S. Can't we just let them eat? Defining and addressing under-use of the oral route in a post-surgical ward. *Asia Pacific Journal of Clinical Nutrition*, 2013, 22(2), p200-205.
- Carey S. Bone Health After Major Upper Gastrointestinal Surgery, *Practical Gastroenterology*, 2013, March, p46-55.
- Carey S, Ferrie S, Ryan R, Beaton J, Young J and Allman-Farinelli M. Long term nutrition intervention following major upper gastrointestinal surgery – a prospective randomised controlled trial. *European Journal of Clinical Nutrition*, 2013, 67, p324-329.
- Carey SK & Ferrie S. Chapter 10: Managing Pancreatic Exocrine Dysfunction. In: Berhardt LV, ed. *Advances in Medicine and Biology*, Vol 57. Nova Science Publishers Inc. 2012.
- Carey S, Young J and Allman-Farinelli M. Food and nutrient intake among people following major upper gastrointestinal surgery. *Food and Nutrition Sciences*, 2012, 3, p1004-1008.
- Carey S, Ferrie S, Young J and Allman-Farinelli M. Long Term Nutrition Support in Gastrointestinal Disease – a systematic review of the evidence. *Nutrition*, 2012, 28(1), p4-8.
- Carey S, Storey D, Martin D, Biankin AV, Young J and Allman-Farinelli M. Long term nutritional status and quality of life following major upper gastrointestinal surgery – a cross-sectional study. *Clinical Nutrition*, 2011, 30(6), p774-779.
- Carey SK & Ferrie S. Chapter 15: Intestinal failure. In: Berhardt LV, ed. *Advances in Medicine and Biology*, Vol 23. Nova Science Publishers Inc. 2011.
- Carey S, He L and Ferrie S. Nutritional management of patients undergoing major upper gastrointestinal surgery – a survey of current practice in Australia. *Nutrition and Dietetics*, 2010, 67, p219-23.
- Lamb S, Close A, Bonnin C and Ferrie S. Nil By Mouth' - are we starving our patients? *European e-Journal of Clinical Nutrition and Metabolism*, 2010, 5, pe90-e92.

FUNDING/GRANTS

- 2022 MRFF Pancreatic Cancer Grant - – Management of Nutrition Impact Symptoms in Palliative Pancreatic Cancer.
 Chief Investigator F **\$1,251,313**
- 2022 SLHD Allied Health Research Small Grants Scheme– Characteristics of Intestinal Microbiome Following Pancreatic Surgery – a Prospective Case Controlled Exploratory Study.
 Supervising Investigator **\$8,000.00**
- 2019 SLHD Allied Health Research Small Grants Scheme– How much do they need? A comparison of measured and estimated metabolic requirements in patients undergoing Cytoreductive Surgery and Hyperthermic Intraperitoneal Chemotherapy (HIPEC).
 Co-Investigator **\$5,000.00**
- 2019-2020 NHMRC/MRFF Translating Research Into Practice Fellowship
 Primary Investigator **\$382,000.00**
- 2017 Agency for Clinical Innovation Support Funding for the development of the RPAH Gastrostomy Training Program
 Primary Project Manager **\$125,000.00**



- 2017 Baxter Research Grant – Evaluation of alternative Home Parenteral Nutrition Training Model
 Co-Investigator **\$30,000.00**
- 2017 SLHD Allied Health Research Small Grants Scheme– Why not use the gut? A qualitative study investigating barriers for surgeons to implement best practice postoperative feeding methods in pelvic exenteration patients
 Co-Investigator **\$4,500.00**
- 2017 Shire Education & Research Grant - A cross sectional study of the Quality of Life of Carers of Patients on Home Parenteral Nutrition and the Economic Burden of Caring
 Co-Investigator **\$27,500.00**
- 2016 AuSPEN Small Research Grant - A cross sectional study of the Quality of Life of Carers of Patients on Home Parenteral Nutrition and the Economic Burden of Caring
 Co-Investigator **\$10,000.00**
- 2016 Baxter Research Grant - Cost Effectiveness Evaluation of patients on Total Parenteral Nutrition (TPN) in the hospital setting verse home setting. Comparison of costs efficacy to health efficacy.
 Co-Investigator **\$77,128.00**
- 2015 Nutricia Research Grant - Jejunal v oral post-discharge feeding for UGI surgical patients - supply all oral and enteral feeds and equipment.
 Chief Investigator **\$18,000.00**
- 2015 Sydney Local Health District Research grant - e-Dietitian for e-nutrition: Use of a telehealth intervention to support implementation of evidence-based nutrition care pathways for patients undergoing surgery for Upper Gastrointestinal Cancers in Sydney Local Health District.
 Chief Investigator **\$59,240.00**

PROFESSIONAL SKILLS

- Outstanding leadership, change management and communication skills.
- Proactive team member.
- Excellent organisational skills.
- Diverse skills in clinical guideline and protocol development, literature reviews, audit, data collection and analysis and presentation of research findings (written and oral).
- Mentoring, including mentoring of managers and clinical dietitians.
- Competent using Word, Works, Excel, Powerpoint, Publisher, Nvivo, SPSS, Email and Internet.

PROFESSIONAL MEMBERSHIPS & LEADERSHIP

- Editorial Board Member, Journal of Human Nutrition and Dietetics, Oct 2021 -
- Co-Chair of the Home Enteral Nutrition group of the Nutrition Network, Agency for Clinical Innovation (2019 -)
- Co-Director of the Surgical Outcomes Research Group, Royal Prince Alfred Hospital (2019 -)
- Associate Clinical Lecturer, University of Sydney, School of Clinical Nutrition 2006 – 2015; Associate Senior Lecturer 2015 –
 - Supervision of 4-6 Master of Nutrition and Dietetic research students per year
 - Primary Supervisor for 2 PhD students (1 completed)



- Co-supervision of 1 PhD student (completed)
- Co-supervision of 1 Medical Master of Research Student
- Co-supervision of 1 Advanced GI nurse Master Student
- Member of the European Society for Parenteral and Enteral Nutrition (ESPEN)
- Member of the Australasian Society for Parenteral and Enteral Nutrition (Auspen)
 - President (Nov 2021 -)
 - Board Member (2013 -) and Secretary (2015 - 2021)
 - Chair of the Education Committee (2015 – 2021)
 - Sponsorship Liaison Officer (2013 -)
- Member of the Dietitians Association of Australia (Membership No. 97-077)
 - Practice Evidence in Nutrition (PEN) Advisory Board Member, 2014-2016
 - Convenor of the NSW Gastroenterology Special Interest Group, 2006 - 2008
 - Chair of the local working party for the accreditation review of the Nutrition and Dietetics course, Wollongong University, 2006.
 - APD mentor for 8 new graduate Dietitians
- Member of the American Society for Parenteral and Enteral Nutrition (ASPEN) Research Selection Committee (2019-2020)
- Member of the Churchill Fellowship NSW Medical and Health Selection Committee (2014 -)

REFEREE

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