



CURRICULUM VITAE

General Data:

Name: **Jesus Fernando Belen Inciong, M.D.** Specialty: **General Surgery/
 Medical Nutrition**

Date of Birth: July 26, 1965 Sex: Male

Address: Clinic: St. Luke's Medical Center
 Cathedral Heights Building Complex
 North Tower Suite 706
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Spouse: Joy E. Luat-Inciong, M.D.
 Children: Gregorio Artemio L. Inciong
 Leandre Jesus L. Inciong

Academic Background:

- A. Elementary: De La Salle University – Grade School (1972 – 1979)
 Academic Awards: First Honors (1972 – 1979)
Bronze Medalist for Academic Excellence
 (Top 3 of graduating class 1979)
- Extracurricular Awards: Antonio Montemayor Anievas Foundation Inc.
 (AMASFI) **Leadership Award** (1979)
 Little Olympics '76 – Gold Medalist for Art
- Activities/ Organizations: Member, Scouting 1975 – 1979
 Member, Junior Police 1976 – 1979
 Member, Varsity Basketball Team 1977 – 1979
 Member, Varsity Track & Field team 1977 - 1979
- B. High School: La Salle Greenhills (1979 – 1983)
 Academic Awards: **First and Second Honors** (1979 – 1983)
 Extracurricular Awards: Kundirana Organizational Award – 1983
 Inter - La Salle '82 – 1st place in Vocal Quintet
- Activities/ Organizations: President, Kundirana 1982 – 1983
 Member, Society of Sciences
 Year Level Representative for 3 consecutive years 1979 – 1982 in
 the Student Affairs Central Board (SACB)
 Member, PRADA Basketball team 1979 – 1981
 Chief Squire, Columbian Squires 1979 – 1981
 Member, Columbian Squires 1977 – 1980
- C. College: University of Santo Tomas – College of Science (1983 – 1986)
 Course: B. S. Biology Accelerated Class
 Academic Awards: **Cum Laude**, 1986
 Activities/ Organizations: Member, Biomedical Research Society 1984 – 1986



D. Post Graduate: University of Santo Tomas – College of Medicine (1986 – 1990)
 Academic Awards: **Dean's List** 1987
 Activities/ Organizations: Public Relations Officer, Medicine Student Council 1987 – 1988
 Member, UST Medical Alumni Association
 Grand Zetan, Zeta Beta Mu Fraternity 1989 – 1990
 Vice-Grand Zetan, Zeta Beta Mu Fraternity 1988 – 1989

E. Internship: St. Luke's Medical Center (1990 –1991)
 Award: **Most Outstanding Intern for Surgery** 1990

F. Residency: St. Luke's Medical Center
 General Surgery: January 1992 – December 1996
 Chief Resident for Training 1995 – 1996, Department of Surgery
Chief Hospital Resident, 1995 – 1996
 Board Member, Sagip-Bayan Foundation, 1996

G. Masters: Philippine Women's University (2006 – 2008)
Master of Science in Clinical Nutrition

H. Asian Institute of Management 2013 – **AIM-EXCELL** (Executive Education for Life Long Learning) – Management Development Program

Academic Boards:

Philippine Medical Board Exam:	August, 1991	Rating: 84.5%
Philippine Board of Surgery:	Part I: Written	Passed: April 13, 1997
	Part II: Oral	Passed: June 22, 1997

Academic/ Training Positions:

- Editorial Board, Journal of Surgical Metabolism and Nutrition (2020 – present)
- Examiner, Philippine Board of Surgery (2002 – present)
- Associate Professor 2, Department of Surgery, St. Luke's – William H. Quasha Memorial – College of Medicine
- Training Officer, Clinical Nutrition Fellowship Program, St. Luke's Medical Center – Global City 2018 – 2020)
- Training Committee, Institute of Surgery, St. Luke's Medical Center – Quezon City (2006 – present)
- Committee on Surgical Training, Philippine College of Surgeons (2016 – present)
- Sub-Committee on Surgical Nutrition and Critical Care, Philippine College of Surgeons (2005 – present)
- Training Officer, Clinical Nutrition Fellowship Program, St. Luke's Medical Center – Quezon City (2006 – 2009)
- Secretary, Philippine College of Medical Nutrition Physicians (2017 – present)

Administrative Positions:

- Head, Weight Intervention and Nutrition Services, St. Luke's Medical Center – Quezon City (January 2021)
- Head, Medical Nutrition Physician Fellowship Training Program, St. Luke's Medical Center – Quezon City (January 2021)
- President, Philippine Society for Parenteral and Enteral Nutrition (PhilSPEN) (2008 – 2010 & 2018 - 2022)
- Co-Chairman, Committee on Surgical Education, Philippine College of Surgeons (PCS)
- Chairman, Subcommittee on Critical Care and Surgical Nutrition (PCS)
- Chairman, Surgical Nutrition Study Group, Philippine Society for General Surgeons (PSGS)
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- Chief, Section of Surgical Nutrition and Metabolic Support, Institute of Surgery, St. Luke's Medical Center – Quezon City (2009 – 2017)
- Chairman - President, Board of Trustees, Nutrition Foundation of the Philippines (2016–2019)
- Acting Executive Director, Nutrition Foundation of the Philippines (2011–2016)
- Head, Weight Management Center and Clinical Nutrition Services – St. Luke's Medical Center – Global City (2010 – 2015)
- Chairman, Committee on Critical Care and Surgical Nutrition, Philippine College of Surgeons (PCS) (2008).

Medical Organizations:

- a. Fellow, American College of Surgeons (ACS)
- b. Fellow, Philippine College of Surgeons (PCS)
- c. Fellow, Philippine Society of General Surgeons (PSGS)
- d. Fellow, Philippine Association of Laparoscopic and Endoscopic Surgeons (PALES)
- e. Fellow, Asian Collaboration on Trauma for Trauma (ACT)
- f. Fellow, Philippine College of Medical Nutrition Physicians (PCMNP)
- g. Philippine Medical Association - Lipa Medical Society
- h. Member, Philippine Society for Parenteral and Enteral Nutrition (PhilSPEN)

Hospital Affiliations:

St. Luke's Medical Center	
Quezon City - Global City	- Active Rotating Consultant
Mary Mediatrix Medical Center	
Lipa City, Batangas	- Active Rotating Consultant
Ospital ng Maynila Medical Center	
Manila	- Medical Specialist II

Scientific Papers/ Book Chapter:

1. Inciong JF, Chaudhary A, Hsu HS et al., Economic Burden of Hospital Malnutrition, Clin Nutr ESPEN. 2022 Apr; 48: 342-350. doi.org/10.1016/j.clnesp.2022.01.020
2. Seo, JM, Joshi R, Inciong JF et al., A multinational observation study of clinical nutrition practice in patients undergoing major gastrointestinal surgery: The Nutrition Insights Day, Clin Nutr ESPEN. 2021 Feb;41:254-260. doi: 10.1016/j.clnesp.2020.11.029.
3. Inciong JF, Chaudhary A, Hsu HS et al., Hospital Malnutrition in Northeast and Southeast Asia: A Systematic Review of Literature, Clin Nutr ESPEN. 2020 Oct;39:30-45. doi: 10.1016/j.clnesp.2020.06.001. Epub 2020 Jul 19.
4. Regional Nutrition Working Group (RNWG): Ng D., Albay A., Chew S., Glencourse C., Inciong JF, Thu NVQ et al., Tackling Undernutrition in the Asian Healthcare Setting: A Southeast Asian Expert Consensus., Asia Pac J Clin Nutr 2018; 27(6):1161-1174.



5. De Dios, AP., Abella AC., Ona LO., Inciong, JFB., et al., The Philippine College of Surgeons Evidence Based Clinical Practice Guidelines on Preoperative Evaluation of ASA I and II Patients Undergoing Elective Non-Cardiac Surgery, Philippine Journal of Surgical Specialties (PJSS), 2017 Jul-Dec; 72(2):57–69.
6. Inciong, JFB & Cruz JJ, chapter on “Burns” in **Handbook of Critical Care and Surgical Nutrition**, Philippine College of Surgeons, 1st ed., 2015.
7. Mustofa, N, Llido L., Sinamban R., Inciong, JFB, et al., Incidence of Refeeding Syndrome in a Tertiary Care Hospital in the Philippines, PhilSPEN online journal 2015.
8. Llido, L, Sioson, MS, Inciong, JFB, Francisco, EM, et al, Nutrition Support Team Supervision Improves Intake of Intensive Care and Stroke Patients in a Private Tertiary Care Hospital in the Philippines, Nutrition Support Team, SLMC 2005.
9. Inciong, J.F.B., Liboro, R., Pineda, E., The Practice of Routine Postop Hormonal Therapy in the Absence of Hormone Receptor Assays in Post-Menopausal Women with Breast Cancer, Annual Surgical Forum, SLMC, December, 1996.
10. Inciong, J.F.B., Lucas, A., Oliveros, E., Low Cost Arterio-venous Shunt, Annual Surgical Forum, SLMC, November, 1995.
11. Inciong, J.F.B., Ruiz, T., Pre-operative Aspirin Therapy: Morbidity in Coronary Artery Bypass Grafting Patients, Annual Surgical Forum, SLMC, November, 1994.
12. Garcia III, G., Inciong, J.F.B., Abdominal Tuberculosis: A 12 Year St. Luke’s Experience, Annual Surgical Forum, SLMC, November, 1993.
13. Atienza, D., Talento, F., Inciong, J.F.B., Analysis of Rectal Bleeding Patterns and their Colonoscopic Findings, Annual Surgical Forum, SLMC, November, 1992.

Post-Graduate Courses/ Seminars/ Preceptorships:

1. “Nutrition Science: Online Course”, Stanford Medicine: Center for Health Education, July – August 2020.
2. Faculty Academic Continuity Training (FACTS): Digital Solutions for Teaching, Learning, & Assessment, St. Luke’s Medical Center - College of Medicine WHQuasha Memorial, June 24,26,29 & July 1,3, 2020.
3. “The Telephone & Telemedicine in Clinical Medicine: An Instrument of Opportunity & Risk”, The Harvard Medical School, May 25, 2020.
4. “Covid19 Response Training – Certifying Course”, PCS Committee on Surgical Training/ Watson Institute – Brown University/Project HOPE/ Philippine Disaster Response Foundation (PDRF). Online Course, April 28 – May 1, 2020.
5. “Strive for Nutrition Excellence in Asia”, 20th Congress of the Parenteral and Enteral Nutrition Society of Asia (PENSA), Hong Kong Convention and Exhibition Center, October 9, 2019.
6. “Nutrition: A Highway to Health”, 41st European Society for Nutrition and Metabolism (ESPEN) Congress, Krakow, Poland, August 31 - September 3, 2019.



7. Basic Assessment and Support in Intensive Care (BASIC), St. Luke's Medical Center – Quezon City, May 4 -5, 2019.
8. ASPEN (American Society for Parenteral and Enteral Nutrition) 2019 Nutrition Science and Practice Conference, Phoenix Convention Center, Phoenix, Arizona, USA, March 24 – 27, 2019.
9. “Trailblazing MIS into the Next Decade”, 14th Congress of the Endoscopic and Laparoscopic Surgeons of Asia (ELSA) Kuala Lumpur Convention Center, Kuala Lumpur, Malaysia, November 17, 2018.
10. Clinical Congress 2018 American College of Surgeons, Boston USA, October 21 - 25, 2018.
11. “Nutrition Without Borders”, 40th European Society for Nutrition and Metabolism (ESPEN) Congress, Madrid, Spain, September 1 - 4, 2018.
12. “Enhanced Recovery After Surgery & Cancer” – Chairman, the 19th Congress of the Parenteral and Enteral Nutrition Society of Asia (PENSA), Grand Walkerhill Hotel, Seoul Korea, June 14, 2018.
13. Renal Nutrition Workshop, St. Luke's Medical Center – Global City, April 24, 2018.
14. ASPEN (American Society for Parenteral and Enteral Nutrition) 2018 Nutrition Science and Practice Conference, Cesar's Palace, Las Vegas Nevada USA, January 22 - 25, 2018.
15. 39th European Society for Nutrition and Metabolism (ESPEN) Congress, The Hague, Netherlands, September 9 -12, 2017.
16. Asian Surgical Consensus on Nutrition Therapy (ASCENT), Grand Hyatt Bali, Bali, Indonesia, March 4, 2017.
17. Co-Chairman in “Surgical Grand Rounds – Presentation of Interesting Cases” in 80 Years of Philippine Surgery: Evolution, and Revolution 72nd Annual Convention of the Philippine College of Surgeons (PCS), EDSA Shangrila Hotel, December 6, 2016.
18. Moderator in Panel Discussion on “Preoperative Carbohydrate Loading & Early Enteral Feeding”, in 80 Years of Philippine Surgery: Evolution, and Revolution 72nd Annual Convention of the Philippine College of Surgeons (PCS), EDSA Shangrila Hotel, December 4, 2016.
19. Asia Pacific Intradialytic Clinical Nutrition Workshop, Marco Polo Ortigas Hotel, Pasig City, November 29, 2016.
20. 2nd Colorectal Masterclass in Minimally Invasive Surgery: Philippine Center for Advanced Surgery – Minimally Invasive Surgery (PCAS-MIS), Cardinal Santos Medical Center, San Juan Metro Manila. June 24 – 25, 2016.
21. Optimizing the Use of Parenteral Lipid Emulsions in Nutrition: Biochemistry, Physiology and Patient Selection: Academy for Continued Healthcare Learning, Long Beach, California, USA, February 16, 2015.
22. Advanced Laparoscopic Digestive Surgery – hands-on training course, Department of Digestive Surgery – Cho Ray Hospital, Ho Chi Minh, Vietnam, July 14 – 26, 2014.
23. Asia Pacific Focus Group on Parenteral Nutrition, Expert's meeting on Parenteral Glutamine, Hongkong, November 8-9, 2013.



24. Trainor's Training for ESPEN's Life Long Learning Program (TLLL) – during the PENSA congress in Sun Island Hotel, Bali, Indonesia, September 27, 2013.
25. International Summit on Healthy Aging: Muscle Health, Strength and Performance, Hongkong, China, August 24-25, 2013.
26. Fresenius Advanced Course on Transfusion Alternatives (FRACTA) – Shanghai, China, April 11-13, 2013.
27. "Governance and Leadership", Strengthening the Capacity of CSOs (Civil Society Organization) Project, USAID-Ayala Foundation-CODE NGO-Assoc of Foundations (AF)-PBSP-PCNC, First Pacific Training Academy, Antipolo, Rizal November 7-9, 2012.
28. 9th Asia Pacific Nutrition – ESPEN LLL Course, July 12-14, 2012. Shangri-la's Mactan Hotel, Cebu, Philippines.
29. "Organizational Diagnosis", Strengthening the Capacity of CSOs (Civil Society Organization) Project, USAID-Ayala Foundation-CODE NGO-Assoc of Foundations (AF)-PBSP-PCNC, First Pacific Training Academy, Antipolo, Rizal May 16 – 18, 2012.
30. Critical Care for the General Surgeon, 67th Annual Clinical Congress of the Philippine College of Surgeons, December 4, 2011. EDSA Shangrila Hotel, Mandaluyong City, Philippines.
31. 2011 NutriAPAC (Nutrition Asia Pacific Academy). April 23, 2011. Conrad Hotel, Bangkok, Thailand.
32. Clinical Nutrition Experts Meeting. Aesculap Academy. August 8, 2010. Siem Rep, Cambodia.
33. 1st Hospital Nutrition State of the Art Summit. Abbott Nutrition Health Institute. June 28–30, 2010. Manila, Philippines.
34. 1st International Workshop on Single Incision Laparoscopic Surgery, December 4-5, 2009. Department of Surgery – Surgical Alumni Association, St. Luke's Medical Center, Quezon City, Philippines.
35. Pediatric Total Nutrition Therapy, November 29 - 30, 2009, Summit Ridge Hotel Tagaytay, Philippines.
36. Advanced Laparoscopic Surgery Workshop, 2009. Department of Surgery – Surgical Alumni Association, St. Luke's Medical Center, Quezon City, Philippines.
37. Fresenius-Kabi Advanced Nutrition Course: FRANC ASIA 2009, February 26 - March 1, 2009, Kota Kinabalu, Malaysia.
38. Basic Ultrasound for Surgeons, Shangri-La Hotel, Mandaluyong City, December 9, 2008.
39. 7th Nestlé: Clinical Nutrition Course 2008. Hotel Mövenpick, Lausanne, Switzerland. June 30 – July 4, 2008.
40. Total Nutritional Therapy: Version 2, 11th Congress Parenteral and Enteral Nutrition Society of Asia (PENSA), Sheraton Grande Walkerhill Hotel, Seoul, South Korea, October 1 - 2, 2005.
41. Advanced Bariatric Surgery Workshop: 21st Annual Meeting of the American Society for Bariatric Surgery, San Diego Convention Center, San Diego, California, USA, June 14, 2004.



42. Basic Laparoscopic Surgery Workshop: Philippine Society of Laparoscopic Surgeons, Veterans Memorial Medical Center; May 15 - 16, 2004.
43. Bioenterics Intra-gastric Balloon Workshop, "BIB system": St. Luke's Medical Center, Quezon City, Philippines, March 9 2004.
44. "The Lap-Band", The Center for Obesity Research and Education, Training Workshop: Department of Surgery, Monash University, Alfred Hospital, Melbourne, Australia, November 12 – 16, 2003.
45. Fresenius-Kabi Advanced Nutrition Course: FRANC ASIA 2002, Bangkok, Thailand, October 20 – 25, 2002.

Lecturer/ Speaker in Post-Graduate Courses/Seminars:

International:

- a. "Challenges of the Nutrition Support Team", in "Integrating Clinical Nutrition Therapy", the 22nd Congress of the **Parenteral and Enteral Nutrition Society of Asia (PENSA)**, Hyderabad, India, December 3, 2022. (online)
- b. "Nutrition Support for Complications of Bariatric Surgery", in "Teamwork Makes Dreams Work" in the 7th **International Federation for the Study of Obesity – Asia-Pacific (IFSO-APC)** held at the Hotel Shangrila the Fort, Taguig City, Philippines on November 3, 2022.
- c. "Perioperative Nutritional Management of the Geriatric Patients", at the 17th Congress of the **Malaysian College of Geriatric Medicine (MCGM 2022)** on August 18, 2022.
- d. "Nutrition in Critical Care" and "Nutritional Intervention (ONS/EN/PN)" in "Providing State of the Art Care in Total Nutrition Therapy" for **Collegium of the College of Surgeons of Indonesia (KIBI – Kolegium Ilmu Bedah Indonesia)** November 25, 2021 and December 16, 2021.
- e. "Current Status of Surgical Metabolism in the Philippines" 32nd World Congress of **International Association of Surgeons, Gastroenterologists and Oncologists, (IASGO)**, November 21, 2021.
- f. "Feeding after Complicated Major Surgery" and "Optimizing ICU rehabilitation after ICU or Major surgery" in "Nutrition in Critical Care and Major Surgery: From Clinical Evidence to bedside", 2021 **Virtual FRANC** November 2 – 3, 2021.
- g. "Prehabilitation and Nutrition Support in the Sarcopenic Surgical Patient" and "Hypocaloric and Isocaloric delivery: which is better?" in Silver Jubilee Congress of the Parenteral and Nutrition society of Asia (**PENSA**) 2021, October 15, 2021.
- h. "Modulation of the Immune Response: Role of IV Lipid Emulsions", 33rd Congress of the **Korean Society for Surgical Metabolism (KSSMN)** & International Symposium, March 26-27, 2021.
- i. "Nutrition Support in Trauma", as Reactor in Conflicts in the Gray Zone: The Critically Ill Trauma patient" by the **Asian Collaboration for Trauma (ACT)**, July 24, 2021
- j. "Improving Functionality and Mobility in Elderly Patients with Nutrition Support", DSM Asia Pacific Medical Nutrition Webinar (with Philip Calder & Ulrich Suchner), November 17, 2020.



- k. “Current Clinical Nutritional Practices in Surgical Patients in Asia: A Multinational Observational Study” in the 20th Congress of the **Parenteral and Enteral Nutrition Society of Asia (PENSA)**, Hong Kong Convention and Exhibition Center, October 9, 2019.
- l. “Loss of Muscles along the Continuum of Care: Impact on Health and Recovery” and “Enteral Nutrition in the Critically Ill”, **7th Medical Nutrition Congress**, Sofitel Phnom Penh Phokeethra, Cambodia, June 8, 2019.
- m. “Evolving Role of Glutamine in Clinical Nutrition”, **FRANC Asia 2019**, Grand Hyatt Kuala Lumpur Malaysia, March 9, 2019.
- n. “Peroperative Optimization in Fast Track/ Enhanced Recovery Programs”, during the 34th Congress of the **Japanese Society for Parenteral and Enteral Nutrition (JSPEN)**, Grand Prince Hotel New Tanakawa, Tokyo Japan, February 14, 2019.
- o. “ERAS: Best Perioperative Care in MIS?” in the **14th Congress of the Endoscopic and Laparoscopic Surgeons of Asia (ELSA)** Kuala Lumpur Convention Center, Kuala Lumpur, Malaysia, November 17, 2018.
- p. “Immunonutrition – the Endless Debate” & “Pre-operative Optimization in ERAS” during the 7th **Parenteral and Enteral Nutrition Society of Malaysia (PENSMA)** Biennial Congress, Royal Chulan Hotel, Kuala Lumpur, Malaysia, July 6, 2018.
- q. “Revealing the Role of Parenteral Nutrition in Surgery Patients in Asia”, in the 19th Congress of the **Parenteral and Enteral Nutrition Society of Asia (PENSA)**, Grand Walkerhill Hotel, Seoul Korea, June 14, 2018.
- r. “Cancer Cachexia: The Link Between Nutrition and Response to Anti-cancer therapy” and “The Multimodal Strategy in Fighting Malnutrition in Cancer”, Pre-Congress Symposia during the 2018 Annual Meeting of the Annual Scientific Congress of the **College of Surgeons Academy of Medicine Malaysia (CSAMM)**, Weil Hotel, Ipoh, Perak, Malaysia on May 9, 2018.
- s. “Building Muscle Mass in the Perioperative Period: Case Presentation” at the **ANI Shield Symposium** held in Andaz Hotel Singapore, April 21, 2018.
- t. “Asian Surgical Consensus on Nutrition Therapy (ASCENT): A Preliminary Report”, **18th FRANC Asia** at the Millenium Hilton, Bangkok, Thailand on March 17, 2018.
- u. “Asian Surgical Consensus on Nutrition Therapy (ASCENT): A Preliminary Report” at the **10th Anniversary International Conference of the Hong Kong Society for Parenteral and Enteral Nutrition (HKSPEN)** at the InterContinental Grand Stanford Hotel, on December 2, 2017.
- v. “Asian Surgical Consensus on Nutrition Therapy (ASCENT): A Preliminary Report”, **18th Parenteral and Enteral Nutrition Society of Asia (PENSA)** at the EDSA Shangrila Hotel on November 20, 2017.
- w. “Parenteral Nutrition in Surgery: All-in-One Multichamber Bags vs Component Bottles” in the **12th Jakarta Digestive Week with the 2nd Scientific Meeting of the International Hepato Pancreatico Biliary Association** at the Harris Kelapa Gading Hotel, Jakarta Indonesia, on November 11, 2017.
- x. “Nutrition and Metabolic Conditioning in Upper GI Surgery” and “Pre and Post-Operative Nutrition Support in Gastrointestinal Surgery : Recommendations and Reality” in **2nd ASEAN Upper Gastrointestinal Surgical Conference & 6th Malaysian Upper Gastrointestinal Surgical Society Conference (MUGIS)**, SWAN Convention Centre –



- y. Sunway Medical Center, Petaling Jaya, Selangor, Malaysia on September 30 – October 1 2017.
- z. “Nutritional support in surgical patient: latest ESPEN guideline and Asia consensus” and “Glutamine: Past, Present, Future”, **Good Nutrition Practice Symposium, Grand Hyatt Seoul**, Seoul, South Korea, June 24, 2017.
- aa. “Evolving Concepts in Nutrition Therapy in the ICU”, **Hospital Putrajaya**, Putrajaya, Malaysia, May 24, 2017.
- bb. “Nutrition: Weak Link in Surgical Practice”, **Island Hospital**, Palau Pinang, George Town, Penang, Malaysia, May 23, 2017.
- cc. “Role of Immunonutrients in Surgical Patients”, **Hospital Palau Pinang**, George Town, Penang, Malaysia, May 22, 2017.
- dd. “Nutrition: Weak Link in Surgical Practice” 2017 Annual Scientific Congress of the **College of Surgeons Academy of Medicine Malaysia (CSAMM)** Pullman Kuching Hotel, Kuching, Sarawak Malaysia, May 20, 2017.
- ee. “Current Updates: Clinical Nutrition Therapy in Surgical Patients” and “Role of Immunonutrients in Surgical Patients”, **Nutrition Therapy Team (NTT) Workshop, Queen Elizabeth Hospital, Kota Kinabalu**, Sabah Malaysia, May 19, 2017.
- ff. “Glutamine: Past, Present, Future”, **17th Advanced Nutrition Course (FRANC Asia)** Grand Hyatt Bali, Bali, Indonesia, March 4, 2017.
- gg. “Nutrition therapy In Upper GI Surgery”, International Symposium and 22nd Congress of the **Korean Society for Surgical Metabolism and Nutrition (KSSMN)**, Grand Hilton Seoul, Seoul, Korea, March 18, 2017.
- hh. “Surgical Optimization with Perioperative Nutrition” “Role of Glutamine in Surgical Infection” in Jakarta Digestive Week – **Indonesian Society for Surgical Infections (ISSI)**, Hotel Harris Kelapa Gading Jakarta, Indonesia, November 11, 2016.
- ii. “Optimizing Perioperative Nutrition with Key Substrates” in Fresenius Anesthesia Management Excellence (**FAME 2016**), JW Marriot Hotel Bangkok, Thailand, November 5, 2016.
- jj. “Parenteral Nutrition Practice in the Philippines” Otsuka Factory, Tokushima, Japan September 30, 2016.
- kk. “Facing the Challenge of Nutrition Therapy in Cancer”, Hotel Penang, Malaysia, August 15, 2016.
- ll. “PN supplementation in the ICU” & Sarcopenia in our Midst”, in Targeted Therapy in Clinical Nutrition: 5th **PENSMA (Parenteral and Enteral Nutrition Society of Malaysia)** Congress, August 12 -14, 2016.
- mm. “Metabolic Response to Surgical Stress” , “Enhanced Recovery: Principles”, “Mechanisms of Cancer Cachexia” & Multi-modal therapy for Cancer Cachexia”, **ESPEN-LLL**, Sunway Putra Hotel, Kuala Lumpur, Malaysia, August 11, 2016.
- nn. “Current Concepts in Surgical Nutrition and Metabolism”, International Conference of the **Polish Society for Parenteral, Enteral Nutrition and Metabolism (POLSPEN)** with the Section for EN and PN of the **Polish Society of Surgeons** in Hotel Warszawianka , Jachranka, Poland, June 2, 2016.



- oo. "Formulating the Nutrition Therapy Plan", **16th Advanced Nutrition Course (FRANC Asia)** Grand Hyatt Hotel, Kuala Lumpur, Malaysia, March 4, 2016.
- pp. "Current evidence on Immunonutrition", Keynote Address, Annual Symposium of the **Indonesian Society of Intensive Care Medicine – Indonesian Association of Parenteral and Enteral Nutrition (ISICM-INASPEN)**, Hyatt Regency Hotel, Bandung, Indonesia. November 7, 2015.
- qq. "Metabolic Response to Surgical Stress" & "Enhanced Recovery: Principles", **ESPEN-LLL**, Hyatt Regency Hotel, Bandung, Indonesia. November 6, 2015.
- rr. "Essential Role of Lipids in Parenteral Nutrition", **Advanced Nutrition Course (FRANC Asia)**, Millennium Hilton, Bangkok, Thailand, April 24, 2015.
- ss. "Optimizing Outcomes with Clinical Nutrition in Critical Illness", **Sendai City Hospital**, Sendai City, Miyagi Prefecture, Japan. November 21, 2014.
- tt. "Evolving Concepts in Surgical Nutrition Therapy", "Immunonutrition: What is the current evidence", "Feeding after GI Anastomoses", NST Seminar – Optimizing Parenteral Nutrition Therapy, **National University of Malaysia (UKM) –(Universiti Kebangsaan Malaysia) Medical Center**, Bangi Selangor, Malaysia, June 23, 2014.
- uu. "Fish Oil in the Critically Ill: What the future holds", "Early Nutrition after GI Anastomoses: Old Habits Die Hard", "Enhanced Recovery After Surgery", **Parenteral and Enteral Nutrition Society of Malaysia (PENSMA)** 2014 Scientific congress, Holiday Inn Melaka, Malaysia, June 22 -24, 2014.
- vv. "Nutritional Intervention in the Malnourished Surgical Patient", and "Practical Use of Nutrition Therapy in Surgical Patients", **Malaysian College of Surgeons**, Pullman Hotel, Kuching, Sarawak **Malaysia**, May 23-24, 2014.
- ww. "Perioperative Nutrition Therapy" and "Nutrition Support Team Experience in the Philippines", Ho Chi Minh Society for Parenteral and Enteral Nutrition (**HoSPEN**), Cho Ray Hospital, Ho Chi Minh City, **Vietnam**, April 22, 2014.
- xx. **"Total Nutritional Therapy"**, Abbott – 1) Gia Dinh International Hospital, Ho Chi Minh, April 21, 2014; 2) Hoan My Da Nang Hospital, Da Nang April 23, 2014; Phu Tho Provincial Hospital, Phu Tho, **Vietnam**, April 24, 2014.
- yy. "Beyond NST's: How do we move forward?", **Advanced Nutrition Course (FRANC Asia)**, W Hotel, Taipei, **Taiwan**, March 15, 2014.
- zz. "Benefits of Fish Oil based Lipid Emulsions", **Advanced Nutrition Course (FRANC Asia)**, W Hotel, Taipei, **Taiwan**, March 14, 2014.
- aaa. "Immunomodulatory Effects of Parenteral Nutrition", FK – Symposia in Gleneagles Hospital & Mt. Elizabeth Hospital **Singapore**, February 18-19, 2014
- bbb. "Nutrition Support in Metabolic Syndrome", **Asian CME Forum**, Novotel **Dubai, United Arab Emirates**, February 9, 2014.
- ccc. "Role of Specialized Amino Acids", **ULI Regional RTD** in Ho Chi Minh, **Vietnam** Yangon & Mandalay, **Myanmar** January 28-30, 2014.
- ddd. "Hospital Nutrition Care Systems" and "Preparing your Pitch", **4th Hospital Nutrition Expert Group Meeting**, Mumbai, **India**, November 16-17, 2013.



- eee. “The Challenge of Cancer Cachexia”, during 15th Congress of the **Parenteral and Enteral Nutrition Society for Asia (PENSA)**, Discovery Kartika Hotel, Bali **Indonesia**, September 28, 2013.
- fff. “Hospital Nutrition Care Systems” and “Preparing your Pitch”, **3rd Hospital Nutrition Expert Group Meeting**, New Delhi, **India**, July 27-28, 2013.
- ggg. **“Total Nutritional Therapy”**, Abbott – Nguyen Tri Phuong Hospital, Ho Chi Minh, **Vietnam**, June 14, 2012.
- hhh. “Pharmaconutrition in Surgery”, **2nd Pharmaconutrition Conference**, Hanoi Daewoo Hotel, Hanoi, **Vietnam**, June 15, 2012.
- iii. “Pharmaconutrition in Surgery”, **2nd Pharmaconutrition Conference**, Hotel Equatorial, Ho Chi Minh, **Vietnam**, June 16, 2012.
- jjj. “Clinical Nutrition in Extremes of Malnutrition: from Undernutrition to Obesity” in **12th FRANC Asia**, JW Marriot Resort and Spa, Phuket, **Thailand**, April 27 – 28, 2012.
- kkk. “Translating Guidelines into Practice”, and “New Horizons in Clinical Nutrition: Benefits of fish oil and glutamine” in **FRANC Penang**, Eastin Hotel, Penang **Malaysia**, November 12, 2011.
- lll. “New Horizons in Clinical Nutrition: Benefits of fish oil and glutamine” and “Translating Guidelines into Practice”, in the **Total Parenteral Nutrition Course, Hospital Sultanah Bahiyah**, Alor Setar, Kedah, **Malaysia**, November 11, 2011.
- mmm. “Nutrition Therapy in the Critical Care Setting: Maximizing Gut Benefits”, 14th Congress of the **Parenteral and Enteral Nutrition Society for Asia (PENSA)**, Grand Hotel, Taipei, **Taiwan**, October 16, 2011.
- nnn. “Nutritional Management of Cancer Cachexia”, **Good Nutrition Practice**, PENSA Pre-Congress Workshop, Grand Hotel, Taipei, **Taiwan**, October 13, 2011.
- ooo. “Cancer Cachexia and its Nutritional Modulation”, **FK Oncology Symposium**, Peninsula Hotel, **Singapore**, July 16, 2011.
- ppp. “Nutrition Therapy for Surgical Cancer Patients” and “Clinical guidelines in Perioperative Nutrition therapy”, **3rd VFRANC**, **Hong Kong**, July 8, 2011.
- qqq. “Importance of Nutrition Surveillance in Parenteral Nutrition”, **2nd Clinical Nutrition Experts Meeting**, Aesculap Academy, Hotel Renaissance Beijing Capital Hotel, Beijing, **China**, June 3, 2011.
- rrr. “Evolution in Knowledge in Systemic Inflammatory Response Syndrome (SIRS) – Multiple Organ Failure (MOF)”, **18th Asian Congress of Surgery – 37th Mid Year Convention of the Philippine College of Surgeons (PCS)**, Waterfront Cebu City Hotel and Casino, **Philippines**, May 13, 2011.
- sss. “Translating Guidelines into Practice: Surgery” and “Standards of Nutrition Care in Surgery and Oncology”, **11th FRANC Asia**, Hotel Intercontinental Westlake, Hanoi, **Vietnam**, April 15-15, 2011.
- ttt. “Nutrition Support in Surgery: A Review of Current Practice” and “Nutrition Care Plan: Are we misguided by the Guidelines?”, **2nd National Nutrition Support Team Seminar** organized by the **Parenteral and Enteral Nutrition Society of Malaysia (PENSMA) and the Nutrition Support Team – Hospital Sungai Buloh**, Sungai Buloh, Selangor Darul Ehsan, **Malaysia** March 5, 2011.



- uuu. “Improving Surgical Outcomes: Fish Oil Story”, Coloproctology 2011: **Malaysian Society of Colorectal Surgeons**, Shangri-La Hotel, Kuala Lumpur, **Malaysia**, March 4, 2011.
- vvv. “Enteral Nutrition Therapy for Cancer Patients”, **China Lecture Tour** (audience: surgeons, oncologists, gastroenterologists and nurses) under Sino-Swed Pharmaceutical Corp., Ltd. at the Sofitel Wanda Chengdu, China on November 17, 2010, Oriental Bay International Hotel Beijing, China on November 18, 2010, and at the Grand Metropark Qihui Hotel Jinan, **China** on November 20, 2010.
- www. “Pharmaconutrition”. Annual Meeting of the **Society for Parenteral and Enteral Nutrition of Thailand** in the Siam City Hotel, Bangkok, **Thailand**. October 29, 2010.
- xxx. “Strategies to Feed Cancer Patients”. **Hong Kong Nutrition Association**. Hong Kong, China, April 29, 2010.
- yyy. “Total Nutritional Therapy – Train the Trainors”, Abbott – Middle East, Grand Hyatt Hotel, Istanbul, **Turkey**, May 10 -11, 2010.
- zzz. “Specialized Nutritional Therapy in Pre and Post Operative Cases”, **Department of Surgery Nutrition Support Team, Hospital Sungai Buloh**, Selangor Darul Ehsan, **Malaysia**, April 10, 2010.
- aaaa. “Cancer Cachexia: Nutritional Modulation”, **5th Scientific Convention of the ASEAN Society of Colorectal Surgeons & Coloproctology 2010**, Shangri-La Hotel, Kuala Lumpur, **Malaysia**, March 5, 2010.
- bbbb. “Glutamine: Fact or Myth”, Anesthesia Conference Room, **Singapore General Hospital** and at Operating Theater Conference Room, **Tan Tock Seng Hospital, Singapore** March 4, 2010.
- cccc. “Pharmaconutrition: Fact or Myth”, Top of the York, **York Hotel, Singapore**, March 3, 2010.
- dddd. “Nutrition Therapy in the ICU”, **Clinical Symposia on Parenteral Nutrition Therapy in the ICU and Perioperative Period**, Vin Pearl Resort Nha Trang, **Vietnam**, November 21, 2009.
- eeee. “Cancer Cachexia: Nutritional Modulation”, **7th Johor Scientific Meeting**, Mercure Hotel and Spa, Johor Bahru, **Malaysia**. July 20, 2009.
- ffff. “Understanding Cancer Cachexia”. **13th PENSA Congress (Parenteral and Enteral Nutrition Society of Asia)**, Shangri-La Hotel, Kuala Lumpur, **Malaysia**. June 6, 2009.
- gggg. “Recent Advances in Perioperative Nutrition”. FK-GNP Pre-Congress in the **13th PENSA Congress (Parenteral and Enteral Nutrition Society of Asia)**, Shangri-La Hotel, Kuala Lumpur, Malaysia. June 4, 2009.
- hhhh. Total Nutritional Therapy (TNT), **12th PENSA Congress (Parenteral and Enteral Nutrition Society of Asia)**, Century Park Hotel, Manila, **Philippines**, October 16 – 17, 2007.
- iiii. “Refeeding Syndrome”, **13th International Symposium on Shock and Critical Care**, August 3 -5, 2006, Bali, **Indonesia**, 2006.
- jjjj. “Just Cause, Just Compensation”, **Social Policies and Systems for the Reimbursement of Nutrition Support in Asia**, **11th PENSA Congress (Parenteral and Enteral Nutrition Society of Asia)**, Sheraton Grande Walkerhill Hotel, Seoul, South Korea, October 4, **2005**.



- kkkk. Training of the Trainers in Nutritional Therapy (TOT), **Faculty of Medicine Universitas Padjajaran – Hasan Sadikin General Hospital Bandung**, Gran Melia Hotel, April 17, 2005, Jakarta, **Indonesia**.
- III. Total Nutritional Therapy (TNT), **Universitas Padjajaran**, Bandung, Indonesia, 2004 and for **Indonesian Society of Parenteral and Enteral Nutrition (INASPEN)**, Jakarta, **Indonesia**, 2005.

Local:

- a. “Optimization and Management of Nutrition in a Surgical Patient”, in “Quality Surgery for All”, the 78th Annual Clinical Congress of the **Philippine College of Surgeons**, EDSA Shangri-la, December 6, 2022.
- b. “Effects of HMB on Cancer Patients”, in “Enriching Quality Improvement Programs with Specialized Nutrition Support (EquipSNS) at the 14th Annual Convention of the **Philippine Society for Parenteral and Enteral Nutrition (PhilSPEN)**, November 17, 2022.
- c. “Updates on Parenteral Nutrition Therapy”, On-Line Post-Graduate Course in Nutrition, Chong Hua Hospital, Cebu on October 15, 2022.
- d. “Importance of the Nutrition Support Team and Health Economics”, in PhilSPEN LEAP (Learning, Education, and Advancement for Professionals) in Baguio City on August 12, 2022.
- e. “Nutrition Support in Heart Failure”, Post-Grad of the **Heart Institute of SLMC-BGC**, February 4 2022.
- f. “Future Proofing against Immunosenesence and Muscle Loss” in **“JARVIS” Department of Medicine Post-Graduate Course of the University of Santo Tomas**, January 29, 2022.
- g. “Evaluation of Malnutrition in Hospitalized Patients”, **PhilSEPN-FLEX** (Focused Learning Experience) on-line, Tondo Medical Center, December 9, 2021
- h. “Management of a Nutritionally Depleted Patient for Emergent Surgery”, “Enveloped Ideas – Intricacies in Decision Making” **Philippine College of Surgeons (PCS)** Annual Clinical Congress, December 6, 2021.
- i. “Current Concepts in ICU Nutrition”, 26th Annual Scientific Meeting, CHEST, **American College of Chest Physicians (ACCP) – Philippine Chapter**, September 24, 2021.
- j. “Provision and Assessment of Nutrition in the Critical Care Setting”, PRIME PLUS **SLMC Department of Internal Medicine** Post-Graduate Course, September 22, 2021.
- k. “Critical Care Nutrition Updates”, 19th Surgical Forum, **Philippine Society of General Surgeons (PSGS)**, August 6, 2021.
- l. “Adult Malnutrition: Opportunities & Challenges”, **VRPMC Department of Internal Medicine** Postgraduate course, July 17, 2021.
- m. “Role of Immunonutrition in Covid-19 Patients”, **Philippine Society of Hospital Pharmacists (PSHP)** – Nutrition Support Seminar, July 17, 2021.
- n. “Supplemental Parenteral Nutrition in Surgical Patients” International College of Surgeons (**ICS**), Philippine Section, June 26, 2021.



- o. “Metabolic & Nutritional Support in Cancer Patients: The Parallel Pathway”, 20th Mid-Year Convention **Philippine Society of Oncologists (PSO)** May 29, 2021.
- p. “Evaluation of Malnutrition in Hospitalized Patients”, **PhilSEPN-FLEX** (Focused Learning Experience) on-line, Mariano Marcos Medical Center, April 10, 2021
- q. “Perioperative Nutrition in the Elderly”, 18th Surgical Forum, **Philippine Society of General Surgeons (PSGS)**, August 6, 2020.
- r. “Nutrition Support in GI Cancer”, Department of Internal Medicine Post Graduate Course, **Mary Mediatrix Medical Center**, Palazzo Antonio, Lipa City, Batangas, October 16, 2019.
- s. “Hyperalimentary Nutrition for Patients with GI Cancer”, 70th Annual Convention **International College of Surgeons (ICS)**, Manila Hotel, October 4, 2019.
- t. “Refeeding Syndrome” and “Enterocutaneous Fistula/ Short Bowel Syndrome” in **Philippine College of Surgeons Committee on Trauma and Critical Care Symposium**, Northern Luzon Chapter, Dagupan Doctors – Villaflor Memorial Hospital, Dagupan Pangasinan, September 13, 2019.
- u. “Role of Nutrition in Wound Management” 10th Annual Convention of **Philippine Wound Care Society (PWCS)**, EDSA Shangrila Hotel, September 9, 2019.
- v. “From Hospital to Recovery: Effectiveness of Oral Nutritional Supplements”, 7th Annual Convention, **Philippine Society of Geriatrics and Gerontology (PSGG)**, Novotel Hotel, August 9, 2019.
- w. “Nutrition Support Therapy in Hematopoietic Stem Cell Transplantation”, **Philippine society for Blood and Marrow Transplantation (PSBMT)** 4th Scientific and Annual Meeting, Henry Sy Auditorium, St. Luke’s Medical Center – Global City, July 27, 2019.
- x. “Perioperative Optimization: Role of Nutrition in the Pre and Post operative Period”, **Philippine Society of Gastroenterology (PSG)**, Single Topic Conference, Crowne Plaza Hotel, July 20, 2019.
- y. “Stimulating Anabolism in Acute and Chronic Disease with HMB”, Department of Internal Medicine Post Graduate Course, **Chong Hua RED 6**, Cebu City, July 3, 2019.
- z. “Parenteral Nutrition Therapy” and “Stimulating Anabolism in Acute and Chronic Disease with HMB” in **PhilSPEN Basic Nutrition Support (BNS) Festival**, Hotel Ariana, Bauang, La Union, June 22, 2019.
- aa. “Hospital to Recovery: Effectiveness of Oral Nutritional Supplements”, **Strength Ambassador Summit**, Marquis Events Place, May 10, 2019.
- bb. “Optimizing Nutrition in the Perioperative Period”, 49th **Philippine College of Physicians Annual Convention (PCP)**, SMX Convention Center, May 7, 2019.
- cc. “Hospital to Recovery: Effectiveness of Oral Nutritional Supplements”, **Strength Ambassador Summit**, Marquis Events Place, April 5, 2019.
- dd. “Hospital Malnutrition in the Philippines” and “Applying Health Economic Outcome Studies in Nutrition for the Philippine Setting”, **Hospital Nutrition Summit**, Peninsula Hotel Manila, February 22, 2019.



- ee. “Minimizing Malnutrition in Pancreatic Surgery”, **1st International Symposium of the Philippine Association of Hepato-Pancreato-Biliary Surgeons (PAHPBS)**, at the Philippine Center for Advanced Surgery, December 1, 2018.
- ff. “Sarcopenia: Loss of Muscle Mass = Malnutrition”, Annual Convention of the Philippine Society for Parenteral and Enteral Nutrition (**PhilSPEN**), EDSA Shangri-la Hotel, November 19, 2018.
- gg. “Sarcopenia”, Post-Graduate Course of the **Department of Internal Medicine of Chong Hua Medical Center – Mandaue**, November 6, 2018.
- hh. “Nutrition Support Process” & “Enteral Nutrition Delivery and Safety”, in the PhilSPEN Basic Nutrition Support for Teams Course – **Davao Regional Medical Center, Tagum City Davao** on October 30, 2018.
- ii. “Sarcopenia”, Post-Graduate Course of the **Philippine Association of Family Physicians (PAFP) – Cebu Chapter**, October 26, 2018.
- jj. “Assessment of Lean Body Mass in the Hospitalized Patient” **Post-Graduate Course Department of Internal Medicine, Manila Central University (MCU)**, Luxent Hotel, October 19, 2018.
- kk. “Enterocutaneous Fistula and Short Bowel Syndrome”, “Updates on Surgical Oncology and Critical Care for Surgeons”, **35th PCS-MMC Post-Graduate Course**, AFP Command Center Auditorium, V Luna, Quezon City on August 18, 2018.
- ll. “Nutrition and Lean Body Mass”, “Implementing Medical Nutrition Therapy”, & “Nutrition in the Critically Ill Patient”, **Total Nutrition Therapy (TNT) Course** for the Department of Medicine of St. Luke’s Medical Center Global City on August 14, 2018.
- mm. “Lipid Metabolism in Critical Illness” in **60th UMED State-of-the-Art Conference**, Bayanihan Hall, United St., Pasig City, July 4, 2018.
- nn. “Nutrition in the Critically Ill Patient”, **Training of Trainors Course - Total Nutrition Therapy (TNT) Course** at the Discovery Primea Hotel Makati on June 9, 2018.
- oo. “Nutrition and Lean Body Mass”, “Implementing Medical Nutrition Therapy”, & “Nutrition in the Critically Ill Patient”, **Total Nutrition Therapy (TNT) Course** at the Balai Indang, Indang, Cavite on June 2, 2018.
- pp. “Importance of Assessing Lean Mass During Hospitalization and the Value of Early Intervention”, Abbott **Strength Ambassador Symposia**, Mania Peninsula Hotel, May 19, 2018.
- qq. “Asian Surgical Consensus on Nutrition Therapy (ASCENT): A Preliminary Report”, **FK Advanced Nutrition Course (FRANC Philippines)** at the Novotel Hotel, Quezon City, on April 27, 2018.
- rr. “Malnutrition in Surgery” & “Enterocutaneous Fistula” in the **PCS Committee on Surgical Nutrition and Critical Care Course** for the Negros Island and Panay Island Chapters on April 14 – 15, 2018.
- ss. “Immunonutrition in Surgery”, Post-Graduate Course, **Institute of Surgery, St. Luke’s Medical Center - Quezon City**, EDSA Shangri-la on March 22, 2018.
- tt. “Physiology and Metabolism”, “Parenteral Nutrition” & “Enteral Nutrition in the Critically Ill” in **“Total Nutrition Therapy (TNT) Course”** in Chong Hua Hospital, Cebu City, March 20-21, 2018.



- uu. “Muscle loss: The New Malnutrition”, at the **Strength Ambassadors Symposium**, Shangrila Makati Hotel on November 18, 2017.

- vv. “Physiology and Metabolism”, “Parenteral Nutrition Overview”, “Enteral Nutrition: Implementation and Complications” & “Enteral Nutrition in the Critically Ill”, at the **Total Nutrition Therapy (TNT) Course** at the Somerset Hotel Alabang, October 21-22, 2017.

- ww. “Perioperative Metabolic Conditioning” & “Enteral Nutrition”, **Philippine College of Surgeons (PCS) Bicol Chapter** Post-graduate course, October 6, 2017.

- xx. “Wound Healing & Lean Body Mass”, Post-Graduate Course, **Philippine Academy of Family Physicians (PAFP)** – Negros Oriental Chapter Bethel Guest House, August 13, 2017.

- yy. “Paradigm Shift in Perioperative Nutrition” in 1st Annual Nutrition Summit, **American Association of Clinical Endocrinologists (AACE) – Philippine Chapter**, Radisson Blu Hotel, Cebu City, August 2, 2017.

- zz. “Glutamine: Past, Present, Future” in FK – Advance Nutrition Course - FRANC – Philippines, Seda Hotel Sta. Rosa, Laguna, May 28, 2017 and Taal Vista Hotel, Tagaytay City on June 6, 2017.

- aaa. “Enteral Nutrition Therapy” in Neurotrition – **Philippine Neurological Association (PNA)**, Manila Peninsula Hotel, April 22, 2017.

- bbb. “Perioperative Nutrition”, Post-Graduate Course, Dipolog City Medical Society, Function Hall Complex, Dipolog City, April 9, 2017.

- ccc. “Nutritional Screening and Assessment”, “PreOperative Nutrition”, and “Nutrition Support in Lung Cancer”, L.A.M.O.N. Lung (Learning Appropriate Management on Nutrition) **Philippine College of Chest Physicians (PCCP)**, Manila Peninsula Hotel, April 4, April 29, & May 13, 2017

- ddd. “Refeeding Syndrome” and “Enterocutaneous Fistula/Short Bowel Syndrome” in 80 Years of Philippine Surgery: Evolution, and Revolution 72nd Annual Convention of the Philippine College of Surgeons (**PCS**), EDSA Shangrila Hotel, December 7, 2016.

- eee. “Hospital Malnutrition” and “Enteral/Parenteral Nutrition” in the Hospital Malnutrition Workshop, Mariano Marcos Memorial Hospital and Medical Center, Batac, Ilocos Norte, December 2, 2016.

- fff. “Value of Parenteral Nutrition in Fast Track Surgery” in PCS-Panay Chapter, Diversion 21 Hotel, November 25, 2016

- ggg. “Refeeding Syndrome” and “Enterocutaneous Fistula/Short Bowel Syndrome” in Critical Care Symposium of the Philippine College of Surgeons (**PCS**) – Committee on Surgical Nutrition and Critical Care, N Hotel, Cagayan de Oro, November 27, 2016.

- hhh. “Role of Partial Parenteral Nutrition in Surgical Nutrition and Metabolism” and “The UnRisk Survey: The PhilSPEN Demographic” in the 11th Philippine Society for Parenteral and Enteral Nutrition (PhilSPEN) Convention, EDSA Shangrila Hotel, November 8, 2016.

- iii. “Sarcopenia in Surgery” in Excellence in Surgical Care: Continuing the Tradition/ Embracing the Future, 14th Surgical Forum of the Philippine Society of General Surgeons (**PSGS**), Hotel Sofitel Manila, August 5, 2016.



- jjj. “Partial Parenteral Nutrition in Surgical Nutrition and Metabolism” in Excellence in Surgical Care: Continuing the Tradition/ Embracing the Future, 14th Surgical Forum of the Philippine Society of General Surgeons (**PSGS**), Hotel Sofitel Manila, August 4, 2016.
- kkk. “Nutritional Intervention in Cancer”, in Treatment Strategies in Surgical Oncology during the 25th Post-Graduate Course, Department of Surgery, Jose Reyes Memorial Medical Center (**JRMMC**), July 6, 2016.
- lll. “Lipids: Mechanisms and Clinical Applications”, **FK Advanced Nutrition Course (FRANC Philippines)** Radisson Blu Hotel, Cebu City, June 10-11, 2016.
- mmm. “Early TPN: Harmful or Useful”, Multidisciplinary **Critical Care Summit**, Institute of Neurosciences, St. Luke’s Medical Center – Global City, Henry Sy Auditorium, December 3, 2015.
- nnn. “Metabolic Stress/ Insulin resistance/ Preop Carbohydrate Loading”, 1st St. Luke’s ERAS symposium, **Institute of Surgery**, St. Luke’s Medical Center – Quezon City, Cathedral Heights Building Auditorium, October 26, 2015.
- ooo. “Anabolic Amino Acids in Patients Recovery”, Annual Convention, **Health Executives Society of the Philippines**, Crowne Plaza Hotel, October 17, 2015.
- ppp. “The Role of Specialized Amino Acids in Wound Healing”, 5th Annual Convention, **International Academy of Medical Specialists**, Novotel Hotel Manila, September 27, 2015.
- qqq. “Hospital Malnutrition”, 40th Foundation Day and Luzon Satellite Symposium of the **Philippine College of Hospital Administrators (PCHA)**, Chardonnay by Astoria, Pasig City. May 15, 2015.
- rrr. “The Role of Specialized Amino Acids in Wound Healing”, 1st Post Graduate Course in General Surgery, **Department of Surgery, C. L. Montelibano Memorial Regional Hospital**, Bacolod, Negros Occidental. May 13, 2015.
- sss. “Impact of Perioperative Nutrition in ERAS”, Emerging Trends in Emergent Events, in 41st Mid Year Convention of the **Philippine College of Surgeons (PCS)**, Taal Vista Hotel, Tagaytay City, May 8, 2015.
- ttt. “Health Economics of Nutritional Intervention”, in the Consultative workshop/writeshop on the Development of a Draft Policy for Budgetary Requirements of Food/Meal Allowance for Department of Health Hospitals. By the **Department of Health (DOH) Health Facility Development Bureau**, Ciudad Christia Resort, San Mateo Rizal, March 18, 2015.
- uuu. “Enhanced recovery After Surgery (ERAS) in Radical Cystectomy” **EJU 6th Tripartite Urology Conference**, Max’s Restaurant, Sct. Tuazon, Quezon City, February 26, 2015.
- vvv. “The Role of Specialized Amino Acids in Patient’s Early Recovery”, 65th Annual Convention of the **International College of Surgeons (ICS), Philippine Chapter**, Diamond Hotel, November 28, 2014.
- www. **ESPEN-LLL**, “Indications and Contraindication for Parenteral Nutrition”, & “Compounding and ready-to-use Parenteral solutions”, Ausculap Academy, Sun Life Tower, Bonifacio Global City, November 26-25, 2014.
- xxx. “Fundamental Strategies in Nutritional Intervention: EN & PN”, in the Symposia on “Hospital Malnutrition in EAMC: Fact or Fiction”, **East Avenue Medical Center** Conference Room, November 12, 2014.



- yyy. “Glutamine Post-REDOXS: The Asian Concensus”, 10th Annual Convention, **Philippine Society for Parenteral and Enteral Nutrition (PhilSPEN)**, Dusit Thani Hotel, October 8, 2014.
- zzz. Faculty Member, “Life Long Learning Course in Clinical Nutrition and Metabolism”, of the **European Society for Clinical Nutrition and Metabolism (ESPEN)** – Aesculap Academy, Marriott Cebu August 13, 2014.
- aaaa. “Clinical Nutrition Research: Directions for the Future”, 59th Annual Convention of the **Nutritionists-Dietitians Association of the Philippines (NDAP)**, Crowne Plaza Hotel, Ortigas, Mandaluyong, February 26, 2014.
- bbbb. “Role of Specialized Amino Acids in Patient’s Early Recovery”, 53rd Annual Convention of the **Philippine Association of Family Physicians (PAFP)**, Philippine International Convention Center, February 21, 2014.
- cccc. “Optimal Nutrition for Wound Healing” 19th **National Assembly for Diabetes Educators (NADE)**, EDSA Shangrila Hotel, November 20, 2013
- dddd. “Health Economics Outcomes research: Hospital Oral Nutritional supplementation”, **Philippine Society for Parenteral and Enteral Nutrition (PhilSPEN)** Annual Convention, Dusit Thani Hotel, Makati, October 22, 2013.
- eeee. “Elderly Malnutrition: an Economic Burden”, **Philippine College of Geriatric Medicine (PCGM)**, Inc., Century Park Hotel, Pasay City, October 7, 2013.
- ffff. “Weight Management” in the 18th Annual Convention of the **Cardiac Rehabilitation Society of the Philippines (CARESP)**, Philippine Heart Center, Quezon City, July 29, 2013.
- gggg. Surgical Nutrition Module cascade, Level I and II, **Philippine Society for General Surgeons (PSGS)**, Nationwide, 2012-2013.
- hhhh. “Undernutrition: Beyond the walls of the Hospital”, in the **8th Annual PhilSPEN Congress**, Diamond Hotel, Manila, Philippines, November 13, 2012.
- iiii. “Parenteral Lipids in Surgery” 10th Surgical Updates 2012, Philippine Society of General Surgeons (**PSGS**) – Metro Manila Chapter, Bayanihan Hall Unilab, November 16, 2012.
- jjjj. “Heart’s Delight: A Look at the Real Diet Behind the Words”, “Multi-specialty Concerns in the Management of and Prevention of Cardiovascular Disease, by the **St. Luke’s Heart Institute**, EDSA Shari-La, August 10, 2012.
- kkkk. “Nutrition in the Postoperative Critically Ill Patient”, “Pearls in Critical Care” 13th Joint Annual Critical Care Convention, **Philippine Society for Critical Care Medicine (PSCCM) Society for Pediatric Critical Care Medicine (SPCCM)**, Crowne Plaza Hotel, July 12, 2012.
- llll. **“Total Nutrition Therapy Version 3”**, course conducted for the National Kidney and Transplant Institute in Discovery Suites, Pasig City, April 16 -17, 2012
- mmmm. “Systemic Inflammatory Response Syndrome (SIRS) – Multiple Organ Dysfunction -Multiple Organ Failure (MOF)”, **Critical Care for the General Surgeon**, 67th Annual Clinical Congress of the Philippine College of Surgeons, EDSA Shangrila Hotel, Mandaluyong City, Philippines, December 4, 2011.



- nnhn. “Oral Nutritional Supplementation with Nutri-MedPass”, in the **7th Annual PhilSPEN Congress**, Diamond Hotel, Manila, Philippines, November 15, 2011.
- oooo. “Evolution in Knowledge in Systemic Inflammatory Response Syndrome (SIRS) – Multiple Organ Failure (MOF)”, **8th PCS Bicol Chapter Post Graduate Course** – USI Mother Seton Hospital, Naga, Camarines Sur, August 20, 2011.
- pppp. **“Total Nutrition Therapy Version 3”**, course conducted for Chong Hua Hospital Crimson Resort and Spa, Mactan, Cebu, June 16 -17, 2011.
- qqqq. “Systemic Inflammatory Response Syndrome (SIRS) – Multiple Organ Dysfunction - Multiple Organ Failure (MOF)”, **18th Asian Congress of Surgery** and 37th MidYear Convention of the Philippine College of Surgeons, Waterfront Cebu City Hotel and Casino, May 13, 2011.
- rrrr. **“Total Nutrition Therapy Version 2”**, course conducted for DLSU-UMC, One Tagaytay Place, April 9-10, 2011.
- ssss. “Weight Loss Strategies”, Current Concepts and Emerging Techniques; 10th Annual Convention of the **Philippine Academy of Dermatologic Surgery (PADSFI)**, March 12, 2011.
- tttt. “Updates in Critical Care Nutrition”, **Critical Care Nurses Association of the Philippines (CCNAPI)** Annual Convention, Diamond Hotel, February 25, 2011.
- uuuu. “Burns”, Panelist in plenary session during the Annual convention of the **Philippine College of Surgeons** entitled “Optimizing Surgical Outcomes” held at the Isla ballroom of EDSA Shangri-La, on December 8, 2010.
- vvvv. “Perioperative Nutrition Intervention”, Annual Convention of the **Philippine Association of Medical Specialists (PAMS)**, Manila Diamond Hotel, November 29, 2010.
- www. “Nutritional Modulation of Cancer Cachexia” Mid-year Convention of the **Philippine Society for Digestive Endoscopy and Hepatology Society of the Philippines** Boracay Regency Beach Resort and Convention Center, Boracay, Malay, Aklan on November 5, 2010.
- xxxx. “Perioperative Nutritional Therapy”, **Philippine College of Surgeons – Philippine Society of General Surgeons - Panay Chapter Annual Meeting**, Iloilo Business Hotel, November 11, 2010.
- yyyy. “Importance of Body Composition Analysis” Press Conference for **Tanita Scales** at Annabel’s Restaurant on October 23, 2010.
- zzzz. “Pharmaconutrients in Cancer Patients”, President’s Night, Annual Convention of the **Philippine Society for Gynecologic-Oncology**. August 20, 2010.
- aaaaa. “Recognizing GI symptoms: The Physician’s Role”, **End of Life Workshop** given by the Philippine Nurses Association, Philippine Nurses Association of America and the Philippine Board of Pain Management, Makati Medical Center Auditorium on March 16, 2010.
- bbbb. “Nutrition Support in the Perioperative patient: When, How, What?” **Joint Annual Convention of the Philippine Society for Digestive Endoscopy and Hepatology Society of the Philippines**, EDSA Shangri-la Hotel, March 11, 2010.
- ccccc. “Nutrition Guidelines in the ICU”: East meets West” and “Pharmaconutrition: A New Paradigm in Clinical Nutrition”, **Nutrition Workshop: Controversies Beyond Fad, Joint**



Annual Convention of the **Philippine Society for Digestive Endoscopy and Hepatology Society of the Philippines**, EDSA Shangri-la Hotel, March 10, 2010.

ddddd. “Nutrition Therapy in the ICU”, **Philippine Society for Parenteral and Enteral Nutrition (PhilSPEN)** 5th Annual Convention, Diamond Hotel, November 11 -13, 2009.

eeee. Good Nutrition Practice Workshop for Asian Countries. Facilitator, EDSA Shangri-La Hotel, January 15 – 16 2009.

ffff. “Inflammation the Common Denominator of All Disease” and “Prevention of Skeletal Muscle Protein Loss”. **Nestlé Nutrition Therapy in the ICU: Maximizing benefits from Nutrients and Strategies**. EDSA Shangri-La Hotel, October 30-31,2008.

ggggg. “Seamless Abdominal Surgery”, Metro Manila Surgical Forum – Minimally Invasive Procedures ... Current Trends, **Philippine Academy of Medical Specialists**, Delos Santos Medical Center, September 26, 2007.

hhhhh. “The ICU Patient: Screening, Assessment, Nutritional Requirements”, and “Enteral vs. Parenteral Nutrition: Does Timing and Route Impact the Outcomes”, **Nestlé ICU Workshop: Nutrition Strategy for the Critically Patients: From Pathophysiology to Clinical Application**. EDSA Shangri-La Hotel, September 11-12, 2007.

iiii. “Optimizing Outcomes with Perioperative Nutrition”, 2007 Joint Annual Convention of the **Society of Gynecologic Oncologists of the Philippines – Philippine Society for Cervical Pathology & Colposcopy – Philippine Society for the Study of Trophoblastic Diseases**, Hotel Sofitel Philippine Plaza, September 4, 2007.

jjjjj. Fresenius-Kabi: Implementing Clinical Nutrition Seminar (ICAN). Post Graduate Course of the **Philippine College of Physicians** (North Luzon Chapter), **Philippine Nursing Association** (Baguio-Benguet Chapter), February 23 - 25, 2007.

kkkkk. “Advantages of Commercial Formulas vs. Blenderized Diets”, **Nutritionist-Dietitian Association of the Philippines (NDAP)** – Albay Chapter, Scientific Seminar, July 27,2007, Kanzo Hall, Legazpi City

lllll. “Nutritional Intervention to Enhance Immunity in Surgical Patients, “Evolutions in General Surgery”, 5th Surgical Forum, **Philippine Society of General Surgeons (PSGS)**, EDSA Shangri-La Hotel, August 3, 2007.

mmmmm. “Too Much, Too Fast ... the Perils of Nutrition Support”, Nutrition Support in the Intensive Care Unit: **Philippine Society of Parenteral and Enteral Nutrition (PhilSPEN)** 3rd Annual Convention, EDSA Shangri-la Hotel, Oct. 2 – 3, 2006.

nnnnn. “Examining the Consequences of Malnutrition”, Role of Family Physicians in Quality Care, 12th Postgraduate Course, Department of Family & Community Medicine, **Manila Central University – FDTMF**, August 18, 2006, Holiday Inn Galleria, Ortigas Center, Pasig City.

oooo. “Surgical Nutrition”; Post Graduate Course VI – “Locally Advanced and Recurrent Pelvic Malignancies”: **Department of Surgery, Visayas Community Medical Center**, April 1, 2006, Cebu City.

ppppp. **FK Advanced Surgical Training on Nutrition Support (FAST-NS)** Core Faculty, done quarterly nationwide, launched 2005.



qqqqq. Nutrition Support: A Key Component on Surgical Intensive Care Management,
Panel Discussion. **Philippine College of Surgeons (PCS)** Annual Convention, EDSA
Shangri-la Plaza Hotel, December 3, 2003.